**Surgery Abroad Without NHS Referral**

**APRIL 2023**

NHS Scotland does not recommend choosing to pay to travel abroad for surgery as part of a packaged holiday. This is sometimes called surgical or cosmetic tourism. Surgical options in Scotland can appear more expensive, but patients should think about the potential savings against the potential ISSUE 298 18 APRIL 2023 2 risks of travelling for surgery.

Please see the following NHS Inform guidance which you may wish to repeat on your practice website:

https://www.nhsinform.scot/tests-and-treatments/surgical-procedures/surgeryabroad-without-nhs-referral